CLIFFORD CORNELL HUGHLEY



Cornell

Health and Wellness

Health and Wellness professional and Air Force Technical Sergeant with 15 years of service as an Aerospace Medical Technician, now NCOIC and Acting Section Chief of Occupational Medicine at JBSA-Lackland. Extensive patient care across diverse global settings, including 150+ flight hours on five aircraft as an Aeromedical Evacuation Technician. Proven skills in building health programs, delivering presentations, and authoring resource guides. Founder of CC Wellness LLC, entering UNE's MS in Applied Nutrition (Dietetics) in January 2027.

CLIENT ASSESSMENT AND PROGRESS MONITORING	●●●●●○
Health and Wellness Knowledge	●●●●○○
Behavior Change Facilitation	●●●●○○
Communication and Coaching Skills	●●●●●○

www.ccwellnessjourney.com

San Antonio, TX

cliffordhughley24@gmail.com

Education

Master of Science in Applied Nutrition – Dietetics
University of New England – Start: January 2027

Bachelor of Science in Health and Wellness
Purdue University Global – Graduated 2024

- GPA: 3.55
- Academic Honors: Distinguished Scholar
- Relevant Coursework:
  - Wellness Programming and Design
  - Nutrition and Dietary Supplements
  - Stress Management
  - Complementary and Alternative Medicine
  - Health Behavior Change

Albany State University
Attended 2010 – 2011

- Worked with the Sports Medicine Team

PROFESSIONAL EXPERIENCE

UNITED STATES AIR FORCE
Various Global Locations
Technical Sergeant / NCOIC & Acting Section Chief, Occupational Medicine / Aeromedical Evacuation Technician
August 2011 – Present

- Lead Occupational Medicine at JBSA-Lackland; raised surveillance compliance from 68% to 83% by building a scheduling and tracking system.
- Won the 2026 Top III Medical Wing leadership award.
- Provided critical care and medical support in over ten countries, accumulating 150+ flight hours across five different aircraft.
- Developed and delivered training presentations and lectures for military medical staff and civilian personnel on health and wellness.
- Created and implemented health education programs focusing on preventive care, nutrition, and fitness for service members.

PROFESSIONAL EXPERIENCE

Fort Sam Houston, TX

Nationally Registered Emergency Medical Technician Trainee (2011 – 2012)

- Completed Air Force training to become a Nationally Registered Emergency Medical Technician (NREMT), specializing in medical response and patient care in emergency situations.

Ramstein AFB, Germany

Aeromedical Evacuation Technician (2014 – 2016)

- Conducted aeromedical evacuations for military personnel in combat zones, managing patient care during air transport.
- Provided care in various countries to include:

1. Djibouti, Africa
2. Czech Republic
3. London, England
4. Netherlands
5. Greece
6. Niger
7. Latvia
8. France

Joint Base Elmendorf-Richardson, AK

Flight Operational Medical Technician (2021 – 2025)

- Oversaw the medical readiness of flight personnel, ensuring optimal health and fitness for operational duties.
- Managed preventive care and coordinated medical services for flight crew and operational staff.

Wilford Hall, Lackland AFB, TX

Medical Technician, Family Health Clinic (2012 – 2014)

- Administered patient care, including medical evaluations, treatment plans, and follow-ups for families.

Nellis Air Force Base, NV

Critical Care Technician (2016 – 2018)

- Provided critical care in the ICU, managing patients in life-threatening conditions.
- Completed specialized Telemetry Training to monitor and assess cardiac patients' conditions.

Family Medicine Residency Technician (2018 – 2020)

- Supported resident physicians in a comprehensive family medicine program, managing patient intake, treatment plans, and follow-ups.

Flight Operational Medical Technician (2020 – 2021)

- Conducted medical readiness assessments and preventive medicine for flight operations personnel.

LICENSES AND CERTIFICATIONS

- **NASM Certified Personal Trainer**
- **NASM Certified Nutrition Coach**
- **Nationally Registered Emergency Medical Technician (NREMT)**
- **Basic Life Support (BLS) Certified**

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